

# HOME WITH THE KIDS

## *daily schedule*

7-8: Wake Up + Eat Breakfast

9:30: Calendar + Table Time

10:00: Sensory Play

10:30: Snack + Outside Time!

12:00: Lunch

1:00: Story/Music Time

2:00: Quiet Time

3:00: Movement/Outside

3:30: Snack

4:00: Art/Free Time

5:00: Dinner

6-7: Bath + Bedtime